

About Focus on the Family

Helping Families Thrive

Focus on the Family is a global Christian ministry dedicated to helping families thrive. We provide help and resources for couples to build healthy marriages that reflect God's design, and for parents to raise their children according to morals and values grounded in biblical principles.

We're here to come alongside families with relevance and grace at each stage of their journey. We support families as they seek to teach their children about God and His beautiful design for the family, protect themselves from the harmful influences of culture and equip themselves to make a greater difference in the lives of those around them.

No matter who you are, what you're going through or what challenges your family may be facing, we're here to help. With practical resources - like our 1-800 Family Help line, counseling and websites – we're committed to providing trustworthy, biblical guidance and support.

Our Passion

Our passion for what we do is driven by our [core beliefs](#):

We believe that **all people are of infinite value**, regardless of age, development, appearance or ability.

We believe that **marriage is the foundation of family life**, and that God's design for marriage is a relationship where both husband and wife are committed to loving and caring for one another for a lifetime.

We believe **children are a gift from God**, and thrive best in a home where both mother and father are committed to raising them with love, intention, and care.

We believe **sex is given by God as an expression of love** to be shared and enjoyed exclusively between a husband and wife.

We believe that **Christians have a responsibility to promote truth and social policy** that improves the strength and health of the family, as God designed.

And we believe that parents should aspire to model for their children how to humbly **follow the teachings and spirit of Jesus** at home and in the community.

Our Purpose

Ultimately, we believe that the purpose of life is to know and glorify God through an authentic relationship with His Son, Jesus Christ. This purpose is lived out first within our own families then extended, in love, to an increasingly broken world that desperately needs Him.